

Return to Work workshops for colleagues on maternity, adoption or shared parental leave

Fully-funded for state school colleagues in the East of England, thanks to Saffron Teaching School Hub, Julian Teaching School Hub and Unity Teaching School Hub -**Return to Work workshops** run by The MaternityTeacher PaternityTeacher project, the UK's charity for parentteachers.

What is a Return to Work workshop?

<u>The MaternityTeacher PaternityTeacher Project</u> **Return to Work workshop** is a highly supportive session aimed specifically at teachers, school leaders and support staff preparing to return to work following a period of maternity, adoption or shared parental leave. These are baby-friendly events facilitated by Emma Sheppard, Founder of <u>The MTPT Project</u>.

During the 90-minute workshop participants will learn about their legal entitlements as returning parents and the best practice they can request from schools to support their return. The workshop offers the headspace to consider organisational logistics at home and at school, and prepare practically and emotionally for a confident return.

Spring/Summer 2024 workshop dates & booking links

To book a fully-funded place, click on the relevant link and choose the ticket 'State School Colleagues in Funded Regions'.

| Workshop date | Booking link |
|--|--------------|
| Tuesday 30 th January 09:30-11:00 | Book here |
| Tuesday 26 th March 09:30-11:00 | Book here |
| Monday 20 th May 09:30-11:00 | Book here |
| Monday 17 th June 09:30-11:00 | Book here |
| Friday 12 th July 09:30-11:00 | Book here |

Parental Leave group coaching cohorts

Colleagues currently on a period of maternity, adoption or shared parental leave can enjoy a fullyfunded place on the Spring cohort of The MTPT Project's group coaching programme.

This **three-month programme** takes place online in small groups of 8-15 participants, and explores themes of change, identity, confidence and plans for the future.

'Funded Region' tickets are available on Eventbrite at the links below.

| Cohort start date | Booking link |
|--|--------------|
| Spring Cohort – starts Thursday 8th February | Book here |
| Summer Cohort – starts Friday 19th April | Book here |